

Let Not Your Heart Be Troubled

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Study Given by W.D. Frazee—March 15,

“Let not your heart be troubled: ye believe in God, believe also in Me. In my Father's house are many mansions: if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto Myself; that where I am, there ye may be also” John 14:1-3.

I would like to have us think of some of the things we need to give up. We need to give up feeling sorry for ourselves.

If there was anybody who from a human standpoint had the right to feel sorry for himself it was Jesus. Think of Him sitting with His disciples, and how their strife grieved Him. He knew that ahead was the betrayal and denial, Gethsemane and Calvary, and all the rest. He must have been quite mournful. He sat there with His own heart at peace, but His heart was drawn out for His disciples.

The prevention for feeling sorry for ourselves is to be interested in others. That's the way it was with Jesus. Because He was thinking about His disciples His heart went out in the beautiful message, Let not your heart be troubled.

If there are any of you who has been feeling sorry for yourself about anything big or little, brother, sister, give it up. Let not your heart be troubled.

There is this thing of ambition for place or position. The disciples were troubled with that. There was a strife among them as to who would be the greatest. After three and a half years with Jesus they were still striving as to who would be the greatest.

Did it trouble them? Sure, it always troubles people. When there is a race to be first somebody is troubled. Whenever there is ambition to get the highest place somebody is troubled.

Somebody may say, I don't want the highest place, but I want some place.

James and John didn't want the highest place. They were willing for Jesus to have the highest place. But they wanted next. Sometimes in a work of this kind we are perfectly willing for somebody to be the highest, but we would like to have someplace, and it troubles us.

You don't need any place. If there is any place God needs you, He will put you there. God is looking for people who are willing to be anything or nothing, if only souls may be won to Christ.

That's what happened in the upper room before Pentecost. The disciples got to the place where they shrunk in their own estimation. They were glad for anybody else to fill the places and positions. That's what causes all strife and doubt and worry and fear to take wings and flee away.

Oh, remember, you don't need a place. You don't need a position. And if Jesus has a need He wants you to fill, it is up to Him to put you there, and He will do it. How lovingly and sweetly He works out His providence to bring us to the work He wants us to do. He longs to have us without worry or fear.

There are many things that fret the people of this world. But somehow it seems to me that as I have been thinking about it that God is so anxious to have us perfectly at rest.

“Jesus is our friend; all heaven is interested in our welfare. We should not allow the perplexities and worries of everyday life to fret the mind and cloud the brow. If we do, we shall always have something to vex and annoy”
Steps to Christ, page 122.

Isn't that interesting? If we could make a list of all the things that perplex and worry us, and if God should by His miraculous power take away every one of them so we could wipe the list clear, before another sun would set something would come up.

We would say, Oh, I thought the sky was going to be clear, but there is another cloud.

What is the answer? Let not your heart be troubled. And if it is troubled, who let it be?

You did. Jesus says, Don't let it.

But Lord, how can I help it?

Jesus is our friend. “Ye believe in God, believe also in Me.”

There is an eye that never sleeps
Beneath the wing of night;
There is an ear that never shuts
When sinks the beam of light.

There is an arm that never tires
When human strength gives way;
There is a love that never fails
When earthly love decays.

That eye unseen watches o'er all,

That arm upholds the sky;
That ear doth hear the sparrows call,
That love is ever nigh.

“We should not allow the perplexities of every day to fret the mind and cloud the brow. If we do we shall always have something to vex and annoy.”

God is calling us to a still higher plateau, a higher spiritual elevation. An elevation in which there is trouble all around us, but our hearts are not troubled. Notice:

“We should not indulge a solicitude that only frets and wears us, but does not help us to bear trials.

“You may be perplexed in business; your prospects may grow darker and darker, and you may be threatened with loss; but do not become discouraged; cast your care upon God, and remain calm and cheerful. Pray for wisdom to manage your affairs with discretion, and thus prevent loss and disaster. Do all you can on your part to bring about favorable results. Jesus has promised His aid, but not apart from our effort. When, relying upon our Helper, you have done all you can, accept the result cheerfully” *Steps to Christ*, page 122.

Brother, suppose some invading army of bugs comes into the garden, and it looks like they are going to take the whole crop. Could it happen? Yes. I know what we would do. We would pray. Would we do anything else? Yes. We would do anything else we could think of to avoid that loss. But through it all, let not your heart be troubled. God doesn't want us to ring our hands and come before His altar and say, Lord, we have got to have that crop saved.

No. We can be earnest in our prayers, but God appreciates when we trust Him enough to show that we believe He loves us better than we love ourselves, and that He is perfectly capable of taking care of us.

I was thinking that some people are like the heathen in some countries. They take their gods out of the temple and whip them because they don't give them what they want. You haven't been hearing us. You haven't been doing what we ask. So they take them out and whip them.

Of course, it doesn't hurt the kind of gods they whip. But it hurts our Father in heaven when we whip Him. And every doubt does it. Every expression of doubt wounds His soul. He loves us. He wants us to be happy. He says, “Let not your heart be troubled. Ye believe in God, believe also in Me.” I am looking after you. I am strong, I am wise, and I love you.

Oh friend, there is something we can do about it. Let's look heavenward in faith. But I can tell you that there is no way to enter into this as long as we want our

own way and are determined to have it. Never. It is the love of self that destroys our peace. It is our suspicions and doubts about others that wound and grieve us. It is wanting our way, and wanting positions. Those are the things that weigh us down. Let's just come as little children to our loving Father and say, Dear Lord, I am going to do just what you have asked me to do. I do believe in You. I believe in Jesus Christ. I believe in the blessed Spirit that comforts and saves.

Blessed Lord, we accept Thy sweet message of love and comfort. By Thy grace we shall not let our hearts be troubled. And when the things that might vex and fret come, may it be our happy lot to meet them bravely with peace on the inside. We ask it in Jesus name, Amen.

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